



Tools For Action

A sample of physical education initiatives in Wisconsin

Warrior Walk

Contact Information

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Program Information

Program Name Warrior Walk
Program Category Recess ideas that complement PE class
Grade Level Middle School (6-8)
Assessment Method

Program Information

Products Developed or Materials Used:

Foot tokens

Program Description:

Students walk after during their lunch break and for every 5 miles they earn a foot token.
Totally volunteer

A Wisconsin Physical Education Program

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)

Morgaig@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)

Pesikme@dhfs.state.wi.us (Marv Pesik, Program and Grant Coordinator)